



Helping you live a happier, healthier life

30 Turkey Court, Turkey Mill,  
Ashford Rd,  
Maidstone, Kent, ME14 5PP

[www.involvekent.org.uk](http://www.involvekent.org.uk)

## Volunteer Role Description

Involve are a community led charity and resource, committed to providing holistic health and wellbeing support to people of all ages and circumstances to help them lead happier, healthier lives.

### **Volunteer role: Activity Volunteer**

**Supported by:** Activity Co-ordinator

**Commitment:** This is a flexible role, dates and times vary depending on activities

**Location:** Various – based around West Kent and North Kent

**DBS:** DBS required (undertaken by Involve)

### **About Actively Involved:**

Our Actively Involved service is for anyone aged 55 or over, or living with a complex health condition. We connect people to groups and activities that interest them in their local community, helping them to expand their social network and improve their wellbeing. Groups include coffee mornings, lunch clubs, craft groups, games groups, theatre trips and day trips to a variety of venues.

### **Role purpose:**

To support our Activity Co-ordinators to run activities for people aged 55 and over to help improve their health and wellbeing.

### **Tasks and activities:**

- Assist in setting up activities alongside the Activity Co-ordinator
- Welcoming and chatting to clients at the group
- Ensuring new clients are welcomed and made to feel comfortable
- Join a variety of day trips, travelling on a coach with vulnerable clients and providing support and reassurance (if desired)

hello@involvekent.org.uk  
03000 810005



**In return, Involve offers:**

- Mandatory training and additional training related to your volunteer role
- Travel expenses provided to cover mileage and parking costs
- Full insurance cover
- Support from the Activity Co-ordinator in West or North Kent
- Social events for Volunteer's Week and Christmas

**To find out more about this volunteering role and to register your interest in volunteering, call 03000 810005 or email [hello@involvekent.org.uk](mailto:hello@involvekent.org.uk)**